



Peer Power: Bk. 2: Workbook : Applying Peer Helper Skills (Paperback)

By Judith A. Tindall

Taylor Francis Ltd, United Kingdom, 2008. Paperback. Book Condition: New. 3rd Revised edition. 277 x 216 mm. Language: English . Brand New Book. The Peer Power Program is a peer training program designed for middle, high school, and higher education students, focusing on 8 core skills: Attending, Empathizing, Summarizing, Questioning, Genuineness, Assertiveness, Confrontation, and Problem Solving. Through a series of exercises, games, and self-awareness techniques, youth and adults involved in the program can gain the basic communication and mediation skills necessary to effectively help their peers. Picking up where Book One left off, the Peer Power, Book Two: Workbook brings the participating students through a series of Modules, focusing on how to apply the core skills learned in the first half of the program in real life situations. This volume covers topics such as drugs and alcohol abuse, taking care of you through stress management, leadership training, tutoring, group work, enhancing sexual health, disordered eating, suicide prevention, coping with loss, highway traffic safety, bullying reduction, mentoring, crisis management, character education, problem gambling prevention, and tobacco prevention.

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