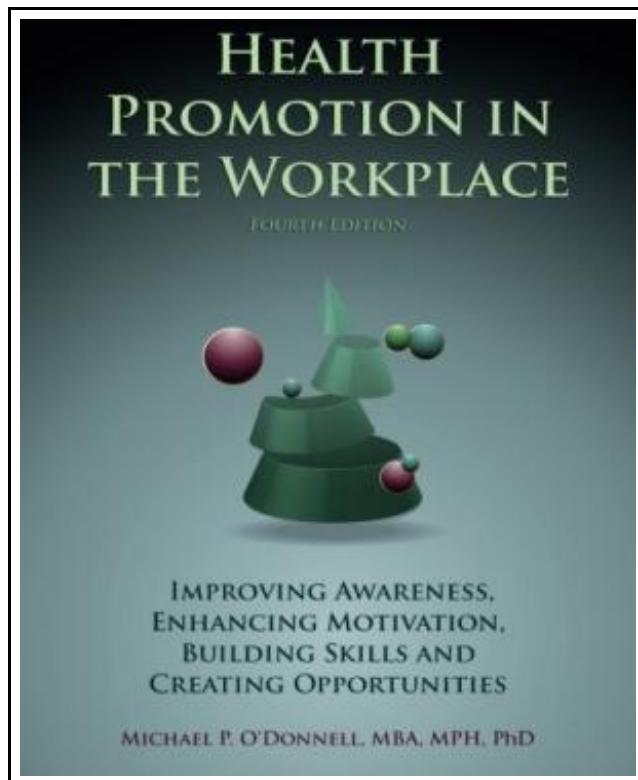


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Createspace, United States, 2014. Paperback. Book Condition: New. 4th. 231 x 190 mm. Language: English . Brand New Book ***** Print on Demand *****.Health Promotion in the Workplace is a valued reference for anyone who designs, manages, evaluates or studies workplace health promotion programs. Authored by a team of program managers and scholars who have designed and managed programs in several thousand settings, conducted hundreds of program evaluations, and published thousands of scientific studies on the most effective approaches, this 722 page book provides the rare combination of practical perspective combined with conservative scientific rigor. This 4th edition is completely revised from the 3rd edition, which was published in 2002, and builds on the principles first articulated in 1984, in the 1st edition. The earlier editions have been used by tens of thousands of professionals around the world. The overall book is organized around the Awareness, Motivation, Skills and Opportunity (AMSO) Framework, which was first articulated by Dr. Michael P. O Donnell in 2005. The AMSO Framework has been adopted by hundreds of employers, and integrated into federal legislation that guides federal spending in this area. This book is written with three audiences in mind. The largest audience is the rapidly growing network of professionals who have embraced health promotion as a career. Our hope for them is to provide the insights and tools they need to be as effective as possible in their work, and in turn improve the health and quality of life for millions of people every day. Another key group is human resource professionals who have not chosen health promotion as a career, but have been tasked with implementing programs in their own organizations. Our hope for them is to provide a tangible sense of how programs should work, so they know how to hire the...

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