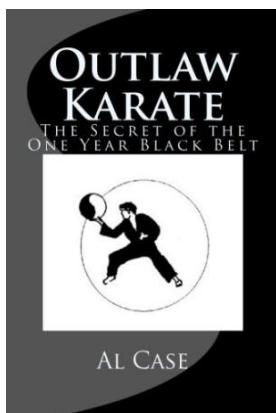


## Read Kindle

# OUTLAW KARATE: THE SECRET OF THE ONE YEAR BLACK BELT



CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 158 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. About Outlaw Karate: Outlaw Karate was designed to get a person from white belt to black belt in one year. It is a synthesis of Kang Duk Won Korean Karate and Kwon Bup American Karate. Duplicate and unworkable material was tossed out, and the resulting material was drilled endlessly. Here are the original forms and techniques, along with...

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