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Parent Effectiveness Training The Proven Program for Raising Responsible Children

By Thomas Gordon

Harmony. Paperback. Book Condition: New. Paperback. 384 pages. Dimensions: 7.9in. x 5.2in. x 0.9in. P. E. T. , or Parent Effectiveness Training, began almost forty years ago as the first national parent-training program to teach parents how to communicate more effectively with kids and offer step-by-step advice to resolving family conflicts so everybody wins. This beloved classic is the most studied, highly praised, and proven parenting program in the world -- and it will work for you. Now revised for the first time since its initial publication, this groundbreaking guide will show you: How to avoid being a permissive parentHow to listen so kids will talk to you and talk so kids will listen to youHow to teach your children to own their problems and to solve themHow to use the No-Lose method to resolve conflictsUsing the timeless methods of P. E. T. will have immediate results: less fighting, fewer tantrums and lies, no need for punishment. Whether you have a toddler striking out for independence or a teenager who has already started rebelling, you'll find P. E. T. a compassionate, effective way to instill responsibility and create a nurturing family environment in which your child will thrive. This item ships...



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