



Transpersonal Hypnotherapy: Gateway to Body, Mind & Spirit (Revised edition)

By Eric D. Leskowitz

Transpersonal Publishing. Paperback. Book Condition: new. BRAND NEW, Transpersonal Hypnotherapy: Gateway to Body, Mind & Spirit (Revised edition), Eric D. Leskowitz, Transpersonal Psychology and hypnotherapy are both at the forefront of current developments in the conceptualisation and the treatment of illness. A psychiatrist presents a multidimensional energy-based view of human awareness that integrates numerous, disparate biological, psychological, and spiritual techniques. This timely book is part of the rising world-wide interest in holistic and spiritual practices to bring about greater health and happiness. Chapters include a historical overview and the theory behind the development of each technique. The emphasis is on experiential studies that examine the validity of these methods. Several clinical vignettes highlight the types of medical and psychological symptoms responsive to these approaches. The text also supplies relevant references for further study. The emerging field of spiritually influenced treatments is transforming the practice of medicine. This book, being a "Gateway to Body, Mind, and Spirit" is at the forefront of the integration of holistic practices with established attitudes and therapies. This provocative approach inspires reconsideration, stimulates debate, and sets the stage for new healthcare developments in the coming century. This book includes references from many modern-day leaders in the...

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