



## The Vitamins (Paperback)

By Henry Clapp Sherman

Theclassics.Us, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1922 edition. Excerpt: . Chapter II. The Antineuritic Vitamin (and, or) Vitamin B. We have seen that Eijkman, in his papers published from 1897 to 1906, clearly set forth his discovery that a diet of polished rice produces in fowls a condition of nutritional polyneuritis which appears to be essentially identical with typical beriberi in man, and that this disease is due to the lack of a substance essential to normal nutrition, which substance exists in the rice polishings (i.e., in the outer layers and embryo of the rice kernel) as well as in other natural foods. After the publication of the first of these papers, Grijns (1901) took up the subject, confirmed Eijkman's earlier work and extended it to show that the antineuritic or protective substance which Eijkman had demonstrated to occur in rice, occurs also in legumes and in this case not wholly in...

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