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## The Perfect Meal: In Search of the Lost Tastes of France

By John Baxter

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, The Perfect Meal: In Search of the Lost Tastes of France, John Baxter, Just as species of plants and animals are expiring at an alarming rate, so are the traditional ingredients and techniques of classic cooking and eating. Nowhere is this trend more evident than in France, where the heart of the world's most revered and complex national cuisine is in danger of disappearing, as old ways of agriculture, butchering, and cooking are withering - leaving us with only a small fraction of the astonishing delights and surprises French cuisine has to offer. In this charming culinary travel memoir, the bestselling author of "The Most Beautiful Walk in the World" goes on the hunt for the most delicious and bizarre endangered foods of France, including: Ortolans - Tiny birds, drowned in armagnac, sauteed in butter and eaten whole, bones and all, ideally with a large napkin draped over your head to conserve the aroma; Bouillabaisse - Seafood stew that only tastes right if you eat it by the Mediterranean. The secret is an ugly fish called the rascasse that lurks around wrecks; 100 Year-Old Cognac - The old stuff never gets...



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